

FEATURE PRESENTATION THIS MONTH

Starting off on the Right Foot in 2010

Presented by:

Carolyn Cooper-McOuatt

Are you flummoxed by faxes and phone messages, and overcome by interruptions and inundated with email? Get over these hurdles with helpful hints from one of the most popular keynote presenters in Canada. Carolyn Cooper-McOuatt will get you going on the right foot this year by helping you make the most of your time and choose to "Live above the line". Carolyn will introduce you to techniques to help you stay on top of your goals and priorities for the New Year.

Say no to time wasters and non-productive work, say yes to a tidy desk, more efficiency and more free time. Find out what time means to you, where you suspend your success and how to add time to your day. Take your profession to the next level; improve your performance and reputation, which will increase your bottom line.



About Carolyn:

Carolyn is the owner of Inspired business Development, a business development coach, trainer, and motivational speaker. She is best known for her vibrancy, contagious positive energy, spirit for life and passion for business. She has spent over two decades developing, implementing and refining the process of personal and business development.

ALSO ON THE AGENDA

1. Welcome new members & guests

Our new members and guests are invited to introduce themselves and their company to our association.

2. Executive Reports from your 2010 executive:

President – John Romein
Vice President – David Cooperstone
Treasurer/Web – Greg Lam
Technical Advisor – Don Greening
Advisor – Sue Greening
Past President – Shawn Lam

3. Networking Minute by Sue Greening

We will work on our networking introduction. This ties into the networking presentation from our September meeting. You can go to the BCPVA website to view the power point presentation and refresh your memory.

4. Open Discussion – Group

We will have an open discussion. This is your chance to discuss topics that interest you. Tell us about a technical tip or share an experience that will help your colleagues.

FOR
MORE
INFORMATION
CONTACT

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WEBSITE:
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The BCPVA meets every third Wednesday of the month at
The Burnaby Museum, Discovery Room, 6501 Deer Lake Avenue,
Burnaby, BC V5G 3T6

Next Meeting is January 20, 2010 at 7 p.m.

